Senior Services Working Group
Meeting Notes
Tuesday, July 23, 2019 @ 9:30 am
SBCCOG, 20285 Western Avenue, Suite 100
Torrance

1. Welcome and Self Introductions
   Elected officials/representatives in attendance:
   Council Member Britt Huff, Chair, (Rolling Hills Estates, H.E.L.P.); Janet Turner (Congressman Ted Lieu); Giovanni Zuniga (Assembly Member Mike A. Gipson)

   Others in attendance:
   Theresa Babiar (Torrance Public Library); Elizabeth Chesney (Casa de Los Amigos); Anita Chun (Torrance Memorial Medical Center); Carlene Davis, Speaker (S.A.G.E.); Ges Davis (South Bay Village and Torrance Commission on Aging); Ryan Delgado and Ben Martinez (El Segundo); Laura Ishizaka (Palos Verdes Library District); Amy Phillips (Little Tokyo Service Center); Courtney Reed (PATH); Isabel Rodriguez (Hermosa Beach resident); Kambria Vint (Hermosa Beach); Bea Virobik (Torrance Commission on Aging); Jacki Bacharach, Grace Farwell, and Steve Lantz (SBCCOG)

2. PATH Homeless Update and Update on Regional Coordination Activities
   • Courtney Reed provided an update on PATH activities as they relate to older adults (55+).
     o Outreach/Case Management continues in SD2 and SD4
     o Focus on prevention and problem solving
       ▪ An example of problem solving – last month in June, a homeless older adult was relocated to Ohio to a friend
     o Challenges
       ▪ Securing permanent supportive housing
       ▪ Rapid Re-housing (RRH) is still on hold; PATH is hoping it will start up again in August
     o Question regarding Measure H and Proposition HHH
       ▪ Measure H is a Los Angeles County ¼ cent sales tax that passed in March 2017 and expects to raise approximately $355 million every year for 10 years
         • Funds services, rental subsidies, housing
         • 6 areas identified to combat homelessness:
           i. Prevent homelessness
           ii. Subsidize housing
           iii. Increase income
           iv. Provide case management and services
           v. Create a coordinated system
           vi. Increase affordable/homeless housing

https://www.facebook.com/SBCCOG/    https://twitter.com/SouthBayCCOG
- Proposition HHH is a City of Los Angeles bond measure to partially subsidize the development of up to 10,000 supportive housing units for people experiencing homelessness

- Grace Farwell, SBCCOG
  - Housing and Health Resource Fair was held on May 29th at the San Pedro United Methodist Church
    - first time that mobile showers were at this type of event
    - 75+ participants; 23 took advantage of the showers
  - Working with SD4 to bring showers to the South Bay on a regular basis

3. Age-Friendly Cities Update
- Kambria Vint, City of Hermosa Beach
  - July 2018 held a joint City Council/Commission meeting
    - Goal of City Council is to become an Age-Friendly City
  - Application and letter of commitment signed by Mayor submitted to AARP
    - Accepted by AARP into the Age-Friendly Network
  - Moving forward in developing Age-Friendly plan
    - Meeting with AARP, BCHD, City Departments in August
    - Developing survey
    - Outreach to stakeholders
  - Expect it to take 2 years to create and coordinate plan before implementation phase
  - Neighboring cities also exploring Age-Friendly

- Ryan Delgado and Ben Martinez, City of El Segundo
  - Parks & Recreation, Public Works, and Finance Departments looking at issues in El Segundo
  - Ryan and Ben are working on programming for seniors
  - El Segundo Mayor is interested in City becoming Age-Friendly

- Additional comments:
  - City of Torrance is interested in moving forward to become Age-Friendly and working through the Commission on Aging

4. S.A.G.E. - Sistahs Aging with Grace and Elegance
- Carlene Davis provided an overview of S.A.G.E.
  - Create an intentional community; passion project
  - The mission is to empower and support African-American women with tools and resources they need to implement a plan of action that enhances their quality of life into their senior years
  - In California, black women are most likely to live alone and least likely to live with a spouse
  - Race and homelessness
    - 13% of US population
    - 40% of homeless population
  - Areas of focus
    - Financial
    - Physical health and wellness
- Mental health and wellness
  - Research in the following geographical areas
    - Oakland/Bay Area
    - Sacramento
    - Inland Empire
    - LA County
      - Gardena, Hawthorne, Lawndale in the South Bay
      - Compton, Watts, Willowbrook
  - Minding our Village Aunties project
    - Train 25-30 women to identify signs of social isolation and early-onset depression in elders
    - Not a lot of qualitative research on African American perspective of aging in the community
  - Partnering with California Village Movement
    - Villages are not diverse
    - Aiming at a system change to make villages more diverse
    - Need more spoke and hub models to integrate
    - Villages are hyper-local and may not be sensitive to cultural neighborhoods
    - To integrate cultures, it must be intentional

5. Update from Legislative Offices
   - Giovanni Zuniga, Field Representative, Assembly Member Mike Gipson
     - The Member is focused on 3 main issues:
       - Gun control
       - Health care
       - Foster youth – extend rights, privileges, workshops, trainings, internet access, jobs for future
     - Upcoming events
       - August 3rd – Saving Our Sons event for teenage boys who are father-less, CSUDH
       - July 27th – workshop on grant writing, Watts
   - Janet Turner, Field Supervisor, Representative Ted Lieu
     - Reminded the group that she attends to bring back ideas to the Representative
     - Field office in Manhattan Beach; need to call to make an appointment
     - Case workers are available at West LA office in the West LA Municipal Building off the 405 (Santa Monica exit)

6. SBCCOG Update
   - Jacki Bacharach reported on the following:
     - Fiber Network Ring for City Halls
       - Operational in June 2020
       - SBWIB, BCHD, LA BioMed will also be participating and will be able to stream information to residents
     - Homeless Services Task Force
       - Meets the 1st Wednesday of every other month (odd months)
       - Contact Grace for more information
- LA County issued parks needs assessment study; is there a senior component that should be included?
- SBCCOG offices are moving – the September meeting will be held at the SBCCOG office; not sure where the December meeting will be held

7. Next meeting – Tuesday, September 24, 2019

Notes submitted by Grace Farwell