

# South Bay Cities Council of Governments

## Senior Services Working Group Meeting Notes

Tuesday, July 23, 2019 @ 9:30 am  
SBCCOG, 20285 Western Avenue, Suite 100  
Torrance

### 1. Welcome and Self Introductions

Elected officials/representatives in attendance:

Council Member Britt Huff, Chair, (Rolling Hills Estates, H.E.L.P.); Janet Turner (Congressman Ted Lieu); Giovanni Zuniga (Assembly Member Mike A. Gipson)

Others in attendance:

Theresa Babiar (Torrance Public Library); Elizabeth Chesney (Casa de Los Amigos); Anita Chun (Torrance Memorial Medical Center); Carlene Davis, Speaker (S.A.G.E.); Ges Davis (South Bay Village and Torrance Commission on Aging); Ryan Delgado and Ben Martinez (El Segundo); Laura Ishizaka (Palos Verdes Library District); Amy Phillips (Little Tokyo Service Center); Courtney Reed (PATH); Isabel Rodriguez (Hermosa Beach resident); Kambria Vint (Hermosa Beach); Bea Virobik (Torrance Commission on Aging); Jacki Bacharach, Grace Farwell, and Steve Lantz (SBCCOG)

### 2. PATH Homeless Update and Update on Regional Coordination Activities

- Courtney Reed provided an update on PATH activities as they relate to older adults (55+).
  - Outreach/Case Management continues in SD2 and SD4
  - Focus on prevention and problem solving
    - An example of problem solving – last month in June, a homeless older adult was relocated to Ohio to a friend
  - Challenges
    - Securing permanent supportive housing
    - Rapid Re-housing (RRH) is still on hold; PATH is hoping it will start up again in August
  - Question regarding Measure H and Proposition HHH
    - Measure H is a Los Angeles County ¼ cent sales tax that passed in March 2017 and expects to raise approximately \$355 million every year for 10 years
      - Funds services, rental subsidies, housing
      - 6 areas identified to combat homelessness:
        - i. Prevent homelessness
        - ii. Subsidize housing
        - iii. Increase income
        - iv. Provide case management and services
        - v. Create a coordinated system
        - vi. Increase affordable/homeless housing



- Proposition HHH is a City of Los Angeles bond measure to partially subsidize the development of up 10,000 supportive housing units for people experiencing homelessness
- Grace Farwell, SBCCOG
  - Housing and Health Resource Fair was held on May 29<sup>th</sup> at the San Pedro United Methodist Church
    - first time that mobile showers were at this type of event
    - 75+ participants; 23 took advantage of the showers
  - Working with SD4 to bring showers to the South Bay on a regular basis

### 3. Age-Friendly Cities Update

- Kambria Vint, City of Hermosa Beach
  - July 2018 held a joint City Council/Commission meeting
    - Goal of City Council is to become an Age-Friendly City
  - Application and letter of commitment signed by Mayor submitted to AARP
    - Accepted by AARP into the Age-Friendly Network
  - Moving forward in developing Age-Friendly plan
    - Meeting with AARP, BCHD, City Departments in August
    - Developing survey
    - Outreach to stakeholders
  - Expect it to take 2 years to create and coordinate plan before implementation phase
  - Neighboring cities also exploring Age-Friendly
- Ryan Delgado and Ben Martinez, City of El Segundo
  - Parks & Recreation, Public Works, and Finance Departments looking at issues in El Segundo
  - Ryan and Ben are working on programming for seniors
  - El Segundo Mayor is interested in City becoming Age-Friendly
- Additional comments:
  - City of Torrance is interested in moving forward to become Age-Friendly and working through the Commission on Aging

### 4. S.A.G.E. - Sistahs Aging with Grace and Elegance

- Carlene Davis provided an overview of S.A.G.E.
  - Create an intentional community; passion project
  - The mission is to empower and support African-American women with tools and resources they need to implement a plan of action that enhances their quality of life into their senior years
  - In California, black women are most likely to live alone and least likely to live with a spouse
  - Race and homelessness
    - 13% of US population
    - 40% of homeless population
  - Areas of focus
    - Financial
    - Physical health and wellness

- Mental health and wellness
- Research in the following geographical areas
  - Oakland/Bay Area
  - Sacramento
  - Inland Empire
  - LA County
    - Gardena, Hawthorne, Lawndale in the South Bay
    - Compton, Watts, Willowbrook
- Minding our Village Aunties project
  - Train 25-30 women to identify signs of social isolation and early-onset depression in elders
  - Not a lot of qualitative research on African American perspective of aging in the community
- Partnering with California Village Movement
  - Villages are not diverse
  - Aiming at a system change to make villages more diverse
  - Need more spoke and hub models to integrate
  - Villages are hyper-local and may not be sensitive to cultural neighborhoods
  - To integrate cultures, it must be intentional

#### 5. Update from Legislative Offices

- Giovanni Zuniga, Field Representative, Assembly Member Mike Gipson
  - The Member is focused on 3 main issues:
    - Gun control
    - Health care
    - Foster youth – extend rights, privileges, workshops, trainings, internet access, jobs for future
    - Upcoming events
      - August 3<sup>rd</sup> – Saving Our Sons event for teenage boys who are father-less, CSUDH
      - July 27<sup>th</sup> – workshop on grant writing, Watts
- Janet Turner, Field Supervisor, Representative Ted Lieu
  - Reminded the group that she attends to bring back ideas to the Representative
  - Field office in Manhattan Beach; need to call to make an appointment
  - Case workers are available at West LA office in the West LA Municipal Building off the 405 (Santa Monica exit)

#### 6. SBCCOG Update

- Jacki Bacharach reported on the following:
  - Fiber Network Ring for City Halls
    - Operational in June 2020
    - SBWIB, BCHD, LA BioMed will also be participating and will be able to stream information to residents
  - Homeless Services Task Force
    - Meets the 1<sup>st</sup> Wednesday of every other month (odd months)
    - Contact Grace for more information

- LA County issued parks needs assessment study; is there a senior component that should be included?
  - SBCCOG offices are moving – the September meeting will be held at the SBCCOG office; not sure where the December meeting will be held
7. Next meeting – Tuesday, September 24, 2019

Notes submitted by Grace Farwell