

# South Bay Cities Council of Governments

## Services for Seniors Working Group

### Meeting Notes

Tuesday, March 27, 2018 @ 9:30 am

SBCCOG

20285 Western Avenue, Suite 100

Torrance

1. Welcome and Self Introductions – in attendance:  
Britt Huff, Chair, Rolling Hills Estates Mayor, H.E.L.P.; Diane Brown, Hawthorne; Katie Buker, Providence Little Company of Mary; Norma Burns, PVE-CARES; Colleen Cotter, Palos Verdes Peninsula Village; Alexa Davis, Rolling Hills Estates; Laurie Glover, Silverado; Kerianne Lawson, Beach Cities Health District; Beth Logan, Providence Little Company of Mary; Debra Petersen, PV Library District;Carolynn Petru, Palos Verdes Peninsula Village; Courtney Reed, PATH; Cindy Snodgrass, Torrance; Amanda Valorosi, Carson; Fran Wielin, Palos Verdes Peninsula Village; Grace Farwell, Jennifer LaMarque, Steve Lantz, SBCCOG
2. Overview of Center for Optimal Aging, Providence Little Company of Mary
  - Patti Logan, Gerontology Specialist, Center for Optimal Aging
    - Outpatient multi-disciplinary team:
      - Physical Therapist – clinical evaluation from physical aspect
      - Occupational Therapist – 2-part evaluation: evaluation of home and evaluation of Activities of Daily Living (ADLs)
      - Pharmacist – outpatient pharmacy clinic for 1 hour provided 1:1 pharmacy evaluation
      - Dietician
      - Gerontologist
      - Cognitive performance testing as part of clinical evaluation – Mini Mental State Exam (MMSE)
    - Prescribed by MD; covered by Medicare and most PPOs
    - Evaluate and create a starting point for some patients
    - MDs don't have to be part of Providence
    - Will accept HMO if physician willing to go out of network
    - Cost is \$600, with half of services not billable; Providence absorbs the unbillable costs
    - Serve close to 100 patients per year
    - All findings from team members go to gerontologist
    - 1-2-hour evaluation with geriatric care manager; meeting with patient and family; look at financial, legal, home environment, Power of Attorney for Healthcare
    - Report back to referring physician
3. PATH Homeless Update and Update on Regional Coordination Activities (10:05am)
  - Meredith Berkson, Regional Director of South County, PATH



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- Courtney Reed, Associate Director of South County, PATH
- Jennifer LaMarque, SBCCOG
  - Meredith introduced Courtney Reed who is the new Associate Director of South County for PATH; she replaced Lao Moua
  - Update was provided on services performed (on file)
    - 198 total registered South Bay Cities clients, with 8 new clients since last report; Carson had 2 new clients; Hawthorne had 1 new client; Redondo Beach had 4 new clients; and Wilmington had 1 new client
  - 55 Senior Clients (55+) have been permanently housed
  - Hotline Report: 4.27.16 through 3.23.18
    - Total calls: 4,844
    - Total days: 639
    - Average calls per day: 7.5
    - Type of caller
      - Individual: 84%
      - Agency/business: 4%
      - City/government official: 1%
      - Law enforcement: 1%
      - Other: 10%
    - Average response time: 52 hours
  - Seeing an increase in seniors and homelessness with rising cost of rent, death of spouse, and increasing medical bills
  - Challenges of relocating homeless individuals – don't want to leave South Bay and community, although housing is available in Antelope Valley and South LA
  - Needed: landlords to work with PATH and senior population; onsite case management is available
  - LA County Measure H – ¼ ¢ sales tax for preventing and addressing homelessness; \$355 million per year
  - City of LA Proposition HHH – build physical units of supportive housing; 10,000 units; \$10 billion over 10 years
  - State bill – zoning for accessory dwelling units (granny flats)
  - Future topic – Measure H overview

4. FOLLOW THE \$\$\$ WORKSHOP: Understanding the New Measure M South Bay Multi-Year Sub-Regional Programs (10:25am)

- Steve Lantz, Transportation Director, SBCCOG
  - PowerPoint presentation (on file)
  - Measure M MSP Potentially Eligible Project Types (on file)

5. Update on Purposeful Aging Los Angeles Initiative (11:10am)

- Rafi Nazarians, Associate State Director, AARP
  - The AARP Community Challenge 2018 grant opportunity was announced; an email with all the information will be sent to the Senior Services Working Group
  - 23 age-friendly cities in CA; need more cities to join
  - Surveys were translated into 14 different languages

- USC and UCLA in process of analyzing all the data collected through the various Listening Sessions held throughout LA County; expected to be completed in next 2-3 months
  - 8 AARP domains; a 9<sup>th</sup> one was added: Emergency & Disaster Preparedness
6. Announcements and Follow-up Actions (11:25am)
- Metro’s Older Adult Transportation Pop Up Event Re-Cap – well over 100 in attendance
  - Aging into the Future Conference Re-Cap – article on “Successful Aging: 3 Tech Innovations to Help Older Adults” by Helen Dennis, Daily News
7. Next meeting – Tuesday, May 22, 2018
- Topics: Update on Dementia-Friendly City Initiative in Redondo Beach; Bringing Our Loved Ones Home Initiative
  - Meeting schedule for remainder of 2018
    - May 22, 2018
    - July 24, 2018
    - September 25, 2018
    - December 4, 2018

NOTE: Times on the agenda are a guide for both speakers and working group members and include time for questions, answers and general discussion.