South Bay Cities Council of Governments

Services for Seniors Working Group
Meeting Notes
Tuesday, March 27, 2018 @ 9:30 am
SBCCOG
20285 Western Avenue, Suite 100
Torrance

1. Welcome and Self Introductions – in attendance:
   Britt Huff, Chair, Rolling Hills Estates Mayor, H.E.L.P.; Diane Brown, Hawthorne; 
   Katie Buker, Providence Little Company of Mary; Norma Burns, PVE-CARES; 
   Colleen Cotter, Palos Verdes Peninsula Village; Alexa Davis, Rolling Hills Estates; 
   Laurie Glover, Silverado; Kerianne Lawson, Beach Cities Health District; Beth Logan, 
   Providence Little Company of Mary; Debra Petersen, PV Library District; Carolyln 
   Petru, Palos Verdes Peninsula Village; Courtney Reed, PATH; Cindy Snodgrass, 
   Torrance; Amanda Valorosi, Carson; Fran Wielin, Palos Verdes Peninsula Village; 
   Grace Farwell, Jennifer LaMarque, Steve Lantz, SBCCOG

2. Overview of Center for Optimal Aging, Providence Little Company of Mary
   • Patti Logan, Gerontology Specialist, Center for Optimal Aging
     o Outpatient multi-disciplinary team:
       ▪ Physical Therapist – clinical evaluation from physical aspect
       ▪ Occupational Therapist – 2-part evaluation: evaluation of home and 
         evaluation of Activities of Daily Living (ADLs)
       ▪ Pharmacist – outpatient pharmacy clinic for 1 hour provided 1:1 
         pharmacy evaluation
       ▪ Dietician
       ▪ Gerontologist
       ▪ Cognitive performance testing as part of clinical evaluation – Mini 
         Mental State Exam (MMSE)
     o Prescribed by MD; covered by Medicare and most PPOs
     o Evaluate and create a starting point for some patients
     o MDs don’t have to be part of Providence
     o Will accept HMO if physician willing to go out of network
     o Cost is $600, with half of services not billable; Providence absorbs the 
       unbillable costs
     o Serve close to 100 patients per year
     o All findings from team members go to gerontologist
     o 1-2-hour evaluation with geriatric care manager; meeting with patient and 
       family; look at financial, legal, home environment, Power of Attorney for 
       Healthcare
     o Report back to referring physician

3. PATH Homeless Update and Update on Regional Coordination Activities (10:05am)
   • Meredith Berkson, Regional Director of South County, PATH

https://www.facebook.com/SBCCOG/ https://twitter.com/SouthBayCCOG
• Courtney Reed, Associate Director of South County, PATH
• Jennifer LaMarque, SBCCOG
  o Meredith introduced Courtney Reed who is the new Associate Director of South County for PATH; she replaced Lao Moua
  o Update was provided on services performed (on file)
    ▪ 198 total registered South Bay Cities clients, with 8 new clients since last report; Carson had 2 new clients; Hawthorne had 1 new client; Redondo Beach had 4 new clients; and Wilmington had 1 new client
  o 55 Senior Clients (55+) have been permanently housed
  o Hotline Report: 4.27.16 through 3.23.18
    ▪ Total calls: 4,844
    ▪ Total days: 639
    ▪ Average calls per day: 7.5
    ▪ Type of caller
      • Individual: 84%
      • Agency/business: 4%
      • City/government official: 1%
      • Law enforcement: 1%
      • Other: 10%
    ▪ Average response time: 52 hours
  o Seeing an increase in seniors and homelessness with rising cost of rent, death of spouse, and increasing medical bills
  o Challenges of relocating homeless individuals – don’t want to leave South Bay and community, although housing is available in Antelope Valley and South LA
  o Needed: landlords to work with PATH and senior population; onsite case management is available
  o LA County Measure H – ¼¢ sales tax for preventing and addressing homelessness; $355 million per year
  o City of LA Proposition HHH – build physical units of supportive housing; 10,000 units; $10 billion over 10 years
  o State bill – zoning for accessory dwelling units (granny flats)
  o Future topic – Measure H overview

4. FOLLOW THE $$$ WORKSHOP: Understanding the New Measure M South Bay Multi-Year Sub-Regional Programs (10:25am)
• Steve Lantz, Transportation Director, SBCCOG
  o PowerPoint presentation (on file)
  o Measure M MSP Potentially Eligible Project Types (on file)

5. Update on Purposeful Aging Los Angeles Initiative (11:10am)
• Rafi Nazarians, Associate State Director, AARP
  o The AARP Community Challenge 2018 grant opportunity was announced; an email with all the information will be sent to the Senior Services Working Group
  o 23 age-friendly cities in CA; need more cities to join
  o Surveys were translated into 14 different languages
USC and UCLA in process of analyzing all the data collected through the various Listening Sessions held throughout LA County; expected to be completed in next 2-3 months

8 AARP domains; a 9th one was added: Emergency & Disaster Preparedness

6. Announcements and Follow-up Actions (11:25am)
   - Metro’s Older Adult Transportation Pop Up Event Re-Cap – well over 100 in attendance
   - Aging into the Future Conference Re-Cap – article on “Successful Aging: 3 Tech Innovations to Help Older Adults” by Helen Dennis, Daily News

7. Next meeting – Tuesday, May 22, 2018
   - Topics: Update on Dementia-Friendly City Initiative in Redondo Beach; Bringing Our Loved Ones Home Initiative
   - Meeting schedule for remainder of 2018
     - May 22, 2018
     - July 24, 2018
     - September 25, 2018
     - December 4, 2018

NOTE: Times on the agenda are a guide for both speakers and working group members and include time for questions, answers and general discussion.