

# South Bay Cities Council of Governments

## Senior Services Working Group Meeting Notes

Tuesday, January 22, 2019 @ 9:30 am  
SBCCOG, 20285 Western Avenue, Suite 100  
Torrance

1. Welcome and Self Introductions – in attendance:  
Britt Huff, Chair, Rolling Hills Estates Council Member, H.E.L.P.; Diane Brown, Hawthorne; Elizabeth Chesney, Casa de Los Amigos HUD Housing; Anita Chun, Torrance Memorial Medical Center; Ryan Delgado, El Segundo; Mayra Gomez, Redondo Beach; Laura Ishizaka, Palos Verdes Library District; Rafi Nazarians, AARP (Guest Speaker);Carolynn Petru, PVP Village; Courtney Reed, PATH; Jake Ridout, Assembly Member Al Muratsuchi’s Office; Isabel Rodriguez, Hermosa Beach resident; Cindy Snodgrass, Torrance; Hillary Theyer, Torrance Public Library; Bea Virobik, Torrance Commission on Aging; Olina Wibroe, Senator Ben Allen’s Office; Fran Wielin, PVP Village; Grace Farwell, Steve Lantz, SBCCOG
  
2. PATH Homeless Update and Update on Regional Coordination Activities
  - Courtney Reed provided an update on PATH activities as they relate to older adults.
    - Between 7/1/2018 and 12/31/2018, there were 164 unduplicated seniors enrolled:

▪ Carson	9
▪ El Segundo	3
▪ Gardena	6
▪ Harbor City	3
▪ Harbor Gateway	0
▪ Hawthorne	6
▪ Hermosa Beach	21
▪ Inglewood	7
▪ Lawndale	5
▪ Lomita	5
▪ Manhattan Beach	3
▪ Palos Verdes Est	0
▪ Rancho Palos Verdes	0
▪ Redondo Beach	69
▪ Rolling Hills	0
▪ Rolling Hills Estates	0
▪ San Pedro	0
▪ Torrance	15
▪ Wilmington	12
▪ LA County SD2	0
▪ LA County SD4	0



- Grace Farwell, SBCCOG
    - Grace reported that the next Housing and Health Resource Fair is scheduled for February 26<sup>th</sup> at the Lennox Constituent Center in Lennox.
3. Overview of Silvernest, Inc. – A unique roommate matching service for baby boomers and empty nesters
    - Lisa Smith, Partnerships Manager, Silvernest was unable to get a flight out of Denver to attend the meeting due to the government shut-down. She will be asked to present at the March meeting.
  4. Those in attendance were asked to share updates and/or highlights of their programs.
  5. Creating Age-Friendly Communities: The AARP Network of Age-Friendly States & Communities
    - Rafi Nazarians shared information about the Age-Friendly Communities
      - 316 communities in the US; 30 in California
      - 3 Age-Friendly states – NY, CO, MA
      - AARP is working to make CA an Age-Friendly state
      - 5-year process
        - Year 1 – enrollment; signed letter from Mayor to AARP requesting to be designated an Age-Friendly City; review domains (AARP has identified 8, but the domains are a framework) and take stock of what city is already providing for its older adult residents; develop and conduct survey and make available to all residents; conduct listening sessions
        - Year 2 – create action plan
          - Develop statement of what must be achieved – goal or output
          - Identify activities that must be implemented to achieve goal
          - Identify target date for completion or schedule for when each activity must begin/end
          - Identify organization/individual/department responsible for each activity
          - Clarify inputs/resources needed to complete task(s)
          - Identify indicators for measurement of progress toward the goal(s)
        - Years 3-5 – implementation of action plan
        - Year 5 and beyond – progress/status update
      - The 8 domains of livability:
        - Outdoor Spaces and Buildings
        - Transportation
        - Social Participation
        - Respect and Social Inclusion
        - Civic Participation and employment
        - Community Support and Health Services

- Communication and Information
  - Housing
  - Visit the AARP Livability Index: <https://livabilityindex.aarp.org/>
- 6. Update from Legislative Offices (11:00 am)
  - Olina Wibroe, Office of State Senator Ben Allen, reported that in 2018, six measures were introduced including a housing amendment to the California constitution to allow local jurisdictions to control housing. Sen Allen will keep working on repeal of Costa Hawkins. On the environmental side, Sen Allen is pushing for a statewide plastic ban.
  - Jake Ridout, Office of Assembly Member Al Muratsuchi, reported on two Assembly bills – AB 2413 – protections for survivors of domestic violence and AB 1953 – disclosures of interests in business providing services to skilled nursing facilities; to ensure more transparency
- 7. Announcements and Follow-up Actions (11:20 am)
  - Special Screening *AMERICAN STREET KID* on Wednesday, January 30<sup>th</sup> at Redondo Beach Performing Center
  - SBCCOG's 20<sup>th</sup> Annual General Assembly: Celebrating the Past – Celebrating the Future on Thursday, February 28<sup>th</sup> at the Carson Community Center
- 8. Next meeting – Tuesday, March 26, 2019
  - **Meeting schedule for 2019**
    - May 28, 2019
    - July 23, 2019
    - September 24, 2019
    - December 3, 2019